

**BARBASOL
DISPOSABLE
RAZORS**
10ct

88¢

**TAR
STOPPER**
Filters 30ct
Effectively Reduces
Tar, Nicotine and Other
Harmful Substances!

\$1.88

**READY 50%
RUBBING
ALCOHOL**
16oz

88¢

**FRESH DROP
BATHROOM
ODOR
PREVENTOR**
.34oz

88¢

**MAGNIFIER
WITH LIGHT**
3X Power • 250 Lumens
Glass Lens • LED Powered
2 AA Batteries Included!

\$3.88

**DAISY
FACIAL TISSUES**
84ct • White • Unscented

88¢

2018
Ring In The New Year
BIG Deals!

Check out this month's
BEST OFFER

STAX CHIPS
2oz Original,
Mesquite Barbecue,
Sour Cream & Onion

88¢

**HONEES
COUGH
DROPS**
20ct

\$1.88
Honey
or Honey
Lemon

**CRYSTAL GEYSER
WATER**
6 Pack • 16.9oz

88¢

**PLASTIC STORAGE
CONTAINERS**
Oval or Round With Lids

88¢

**SOFTY
SOCKS**
Assorted
Sold by Each

88¢

**APOLLO READING
GLASSES**
Assorted Styles & Strengths

88¢

SALE DATES: Today thru January 10th. Not responsible for typographical or printing errors. Sale prices good while supplies last.

As a health professional, your community pharmacist can offer you trusted service, care and advice.

BENEFITS OF 'YOUR' LOCAL PHARMACY

Your community pharmacist is your medicines expert, providing professional advice and counselling on medicines including their use and effects, as well as general healthcare guidance. Having a relationship where they know about you and the medicines you take can help maximise the benefits of your health regimen.

In addition, such a relationship can be beneficial in the event of any adverse reactions you may have to a medicine you are taking as your pharmacist will be aware of your health history, allergies and so on and be able to act accordingly.

Your pharmacist is also increasingly becoming involved in the delivery of professional services which are services performed by the pharmacist or pharmacy staff to support your health. These can include weight management, smoking cessation, diabetes management, sleep services, blood pressure monitoring and medicines checks just to name a few.

They have a professional interest in your welfare and the relationship of having a regular pharmacist means that professionalism is underscored by a better knowledge of you, your lifestyle and your health history.

<http://askyourpharmacist.com.au>



Ring In The New Year With Savings!

BIG 88¢ Deals!

Most Rx's Filled In 15 Minutes Or Less!

Rely on US for ALL your prescription needs!

YooHoo CHOCOLATE DRINK
4 Pack • 12oz



Good Source of Vitamins & Minerals

\$2.88

DeMet's BITE SIZE TURTLES
.42oz



4 For 88¢

GRAB THE GOLD 20Z SNACK BAR
Gluten Free, Plant Based
7g Fiber, 11g Protein



\$1.50 EA.

ONE A DAY VITAMINS
Women or Men's Formula

YOUR CHOICE!



\$7.88
100ct

CLARITIN RediTabs
30ct 12 Hour Relief



\$18.88
EA.

ALEVE
Pain Reliever, Fever Reducer
100ct Caplets, Tablets



\$9.88
80ct Aleve PM 13.88

YOUR CHOICE!

POWERHOUSE FABRIC SOFTENER SHEETS
40ct • Limit 4



88¢

SUN ULTRA LAUNDRY DETERGENT
15oz • Tropical Breeze
10 Loads of Laundry!



88¢

NATURE MADE GUMMIES
C - 80ct • B12 - 80ct
Adult Multi - 90ct



\$8.88
100ct COQ10 29.88

BABY WIPES
80ct
Alcohol Free • Hypoallergenic



88¢

AVEENO MOISTURIZING LOTION
12oz Natural Daily or Stress Relief



\$6.88

PALMOLIVE ULTRA DISH DETERGENT
10oz Original



88¢

HOME SELECT DRAWSTRING TRASH BAGS

13 Gal 10ct • 30 Gal 6ct



88¢

Healthiest New Year's Resolutions

- LOSE WEIGHT** - The fact that this is perennially among the most popular resolutions suggests just how difficult it is to commit to. But you can succeed if you don't expect overnight success.
- STAY IN TOUCH** - Research suggests people with strong social ties live longer than those who don't.
- QUIT SMOKING** - Fear that you've failed too many times to try again? Try different methods to find out what works.
- CUT YOUR STRESS** - A little pressure now and again won't kill us; in fact, short bouts of stress give us an energy boost. But if stress is chronic, it can increase your risk of insomnia, depression, obesity, heart disease, and more.
- CUT BACK ON ALCOHOL** - While much has been written about the health benefits of a small amount of alcohol, drinking alcohol in excess affects the brain's neurotransmitters and can increase the risk of depression, memory loss, or even seizures.
- GET MORE SLEEP** - You probably already know that a good night's rest can do wonders for your mood — and appearance. A lack of sleep has been linked to a greater risk of obesity and type 2 diabetes. So take a nap!
- TRAVEL** - The joys and rewards of vacations can last long after the suitcase is put away. We can often get stuck in a rut. It makes you feel rejuvenated and replenished. It gets you out of your typical scenery, and the effects are revitalizing.

<http://www.health.com/health/gallery/0,,20452233,00.html#travel>



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